



A Bird's Eye View **ANZATA Symposium Melb'12**

This symposium will be a unique opportunity for members to experience some of the innovative workshops developed by the delegates attending the 'Birds of a Feather' summit, a historic collaborative meeting of representatives of the creative arts therapy organisations of Australasia. The symposium kicks off on Saturday night with a celebration that marks the end of the summit. Members of all the organisations involved can come together to get to know each other and enjoy the impressive new venue for the Dax Centre with performances, drinks and finger food.

At the Sunday symposium, delegates who attended the summit will be seeking feedback and input from members in an active process in response to issues and outcomes from the summit. The ANZATA AGM will be held in an extended form, so that there can be ample time for discussion and member contribution in the creative shaping of ANZATA's future policies. The symposium will also provide opportunities for networking and the generation of ideas for the future progression of our profession.

Saturday Evening Event at the Gallery, The Dax Centre

7.30 – 10.30pm, Saturday 14 July

The Dax Centre Gallery and Foyer, Kenneth Myer Building, The University of Melbourne, 30 Royal Pde, Parkville

Cost: \$40 (includes drinks and finger food)

Bookings and payment are essential prior to the event. Places limited – don't miss out on this historic opportunity!

Bookings: To book online please visit www.anzata.org

Enquiries: San Leenstra – vicepresident@anzata.org

Sunday Event, Abbotsford Convent

9.30am to 4.30pm, Sunday 15 July

Abbotsford Convent, 1 St Heliers Street, Abbotsford, Melbourne

Cost: Full price – \$100.00; ANZATA member – \$80.00; Concession – \$60.00

Bookings: To book online please visit www.anzata.org

Enquiries: admin@anzata.org



Birds of a Feather... Flocking Together

Creative Arts Therapies Celebration

Saturday 14 July 2012, 7.30 – 10.30 pm

The Dax Centre Gallery and Foyer, Kenneth Myer Building
University of Melbourne, 30 Royal Pde, Parkville

Welcoming creative arts therapists and friends for an evening of conviviality, networking and fun through music, dance, drama and art.

This event is a celebration of creative arts therapies in Australasia, bringing together members of diverse professional associations in the beautiful surrounds of the new Dax Centre. It follows a two-day summit, organised as a collaboration between the partner organisations.

The Summit, 13-14 July (by invite only):

Presenters representing the various partner associations and arts therapy modalities will facilitate workshops focused on cross-modality and inter-organisation cooperation, to consider the potential ways of moving forwards together. A summary of this event will be provided at the celebration, as well as a discussion of potential future collaborative activities between the organisations.

COST: \$40 includes drinks, finger food and performance

Bookings and payment are essential prior to the event

Places limited- don't delay or you might miss out on this historic opportunity!

BOOKINGS: www.anzata.org **ENQUIRIES:** San Leenstra vicepresident@anzata.org

Dax Centre: www.daxcentre.org Featured exhibition: Donna Lawrence, 'To Live is To Fight'

EVENT PRESENTERS:



Australia and New Zealand Arts Therapy Association
(ANZATA)



Australian Creative Arts Therapy
Association (ACATA)



Australian Music Therapy Association
(AMTA)



Dance-Movement Therapy Association
of Australia (DTAA)

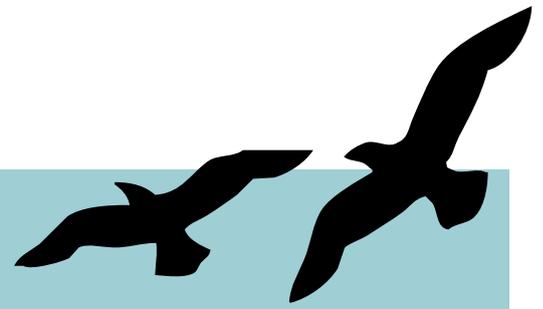
EVENT SUPPORTERS:



m i e c a t



The Timetable



Registration & refreshments 9.00-9.30am

Venue: Bishops Parlour

Welcome & announcements 9.30-10.00am

Venue: Bishops Parlour

Session A 10.00-11.30am

Workshop 1

Adrian to the power of two

Presenters:

Adrian Lania and
Adrian Harris

Venue:

Rosina Dorm 1

Workshop 2

Birds in the Trees: From Summit to Symposium in 3D

Presenters:

Sheridan Linnell and
San Leenstra

Venue: Bishops Parlour

Workshop 3

Art Therapy Supervision

Presenter:

Vicky Nicholls

Venue:

Melbourne
Art Therapy Studio

AGM / Lunch 11.45am-1.30pm

The 2012 ANZATA AGM and discussion. This includes lunch.

Venue: Bishops Parlour

Session B 1.30-3.00pm

The Smart Flock

Presenters: Amanda Levey, Jan Allen and Patricia Fenner

Venue: Auditorium

Afternoon Tea 3.00-3.30pm

Venue: Bishops Parlour

Session C 3.30-4.30pm

Special interest groups

Brainstorming and networking to carry the ideas from the summit and symposium through to action.

Venues: Bishops Parlour, Melbourne Art Therapy Studio; Rosina Dorm 1

The Workshops

ASession A, Workshop 1: Adrian to the power of two

Presenters: Adrian Lania and Adrian Harris

Venue: Bishops Parlour

Adrian Lania

PhD Candidate (UWS), MPsy, DipThArts, DipEd, MAPS, AThR (Drama)

Adrian was born and educated in Wroclaw, Poland. He is a psychologist and dramatherapist. Adrian arrived in Sydney in 2004. Since then he has been working with children and adolescents at schools in Sydney South West Area. Adrian is the co-leader of an Introductory and an Advanced Dramatherapy Course, run by the Dramatherapy Centre. He enjoys working experimentally within the safe structure of the therapeutic process.

In 2006 he created together with Joanna Jaaniste a documentary DVD: Going Birco, which was about the use of dramatherapy within the school setting (see ANZATA Newsletter 2007). Since then he has been made a performing member of Sydney Playback Theatre Company and is a registered member of ANZATA. In 2008, Adrian has engaged in PhD research at the University of Western Sydney into effective ways of working with young people with behavioral issues. Adrian has run training about dramatherapy approach in Australia and overseas for last few years.

Adrian Harris

MCAT, MSW (Professional Qualifying) (current), BDes (Visual Communication), MACATA

Adrian is an Artist and Creative Arts Therapist. He is a past president of the Australian Creative Arts Therapies Association and is passionate about building the professional profile of the arts therapies in Australia. Adrian has many years experience working privately and as a member of therapeutic teams in a variety of settings. In 2002, he obtained a Bachelor degree in Design (Visual Communication) from the University of Newcastle. In 2006 he completed a Masters degree in Creative Arts Therapy from RMIT University, Melbourne. Today, Adrian enjoys working as an arts therapy consultant in Mackay, teaching with IKON Australia and making time for his work in the visual arts. He has a passion for working with community groups in capacity building using arts-based processes and is currently engaged in a Master of Social Work (Professional Qualifying) with James Cook University, Townsville.

Each session at the Birds of a Feather summit brought co-presenters together from different organisations. This was to encourage interaction and dialogue and also to produce new and exciting collaborations. Adrian of ANZATA was introduced to Adrian of ACATA by email and they were invited to come up with a plan to do something together. They are working within the mystery since they working together for the first time. This is a dynamic duo and the workshop is sure to be interesting and innovative.

ANZATA Adrian and ACATA Adrian will be recycling their collaborative workshop from the summit. They will be facilitating the group to work collaboratively to investigate the commonalities of ways of approaching therapeutic process through art making and embodiment. They will be assisting the group to look for common roots of creativity, skills, guiding, vulnerability and core beliefs.

Session A, Workshop 2: Birds in the trees: From Summit to Symposium in 3D

Presenters: Sheridan Linnell and San Leenstra

Venue: Rosina Dorm 1

Sheridan Linnell

BA(Hons), MA ATh, PhD, AThR

Dr Sheridan Linnell leads the Master of Art Therapy clinical training course at the University of Western Sydney, Australia, where she completed her art therapy training as part of the first cohort in 1993-1994. She has also studied psychodrama, narrative therapy and literature. Sheridan is particularly interested in feminist, narrative and postcolonial approaches to art therapy. She is a published poet and has exhibited with her art therapy teaching colleagues.

A book based on her doctoral thesis, which explored the relationship of ethics and aesthetics in art therapy and narrative therapy, has been accepted for publication in May 2010. With Andy Gilroy, Jill Westwood and Pam Johnston, Sheridan is currently editing a proposed book on Australian Art Therapy. Sheridan previously worked for many years in community agencies and independent practice with adults, children and families, especially those dealing with child protection issues and the effects of child sexual assault.

San ('Sun') Leenstra

BA, ATh, AThR

San is vice-president of ANZATA and chair of the PR and Regional Group subcommittee. She graduated in 1998 in the Netherlands after a four-year study in art therapy followed by a two-year supervised caseload. San obtained her ATh registration in 2000 and emigrated to Australia in 2004 where she became organiser of GRAT (Group of Registered Art Therapists). She has 14 years experience as an art therapist in adult psychiatry and has experience with a broad client-range, eg intellectual disability, autism, psychosis, borderline personality disorder, depression and elderly, working for organisations as well as in private practice.

San has recently been working on a quality improvement project in adult mental health in an adult psychiatry facility in Bendigo, introducing art therapy into the rehabilitation setting, winning the quality improvement award in 2011. San is also employed as advanced practitioner in the DHS Specialist Services team. She is currently engaged in her last year of a Masters in Family Therapy and has a passion for working systemically.

The 'Birds of a Feather' Summit that precedes the Symposium works across three dimensions – Discovery, Dreaming and Design. In this Symposium workshop, San and Sheridan invite you to join them in a related 3D creative process - Dreaming up, Designing and Discovering your arts therapy 'Tree of Life', then finding a place for it within a web of connections. Depending on the number of workshop participants, we will construct the trees as individuals or small groups. Together, we will compose a magical 3D Forest of the creative arts therapies.

Since the 'Tree of Life' metaphor was invented by Ncazelo Ncube (REPSSI) and David Denborough (Dulwich Centre Foundation) as a methodology for working with struggling communities in South Africa (Denborough, 2008), many different versions have been developed and practiced around the world. Sheridan and San have taken their inspiration

from these diverse community gatherings in order to formulate an approach to exploring the identities of, and connections between, creative arts therapists and therapies.

The 'Tree of Life' metaphor allows for an exploration of our roots and cultures, our passions and values, our philosophies and practices, our hopes and dreams, our connections and struggles, and highlights what and whom continues to inspire and sustain us. A forest of trees becomes stronger than a lone pine. It is an ecosystem that is strengthened through its (bio)diversity and able to withstand internal and external pressures – the fires, floods and storms of our professional lives. The forest can provide a haven for birds of a feather and other creative life forms.

San and Sheridan will draw on the systemic and narrative traditions of family arts therapies in order to make paths through this 3D forest and

map the connections within and between our images and words. We will develop rich and diverse stories of our professional identities and lives, mapping these into our dreams for future collaborations.

We hope you will join us in a place where we can see the forest and the trees -the original proverb exists in Dutch as well as in English.

Session A, Workshop 3: Art therapy supervision

Presenter: Vicky Nicholls

Venue: Melbourne Art Therapy Studio

Vicky Nicholls

BEd, Grad Dip Child, Adolescent and Family Mental Health, M Art Therapy

Vicky Nicholls is a graduate of the Art Therapy Program at La Trobe University. After working in a Child and Adolescent Mental Health Service

– CAMHS for 12 years she now has a private practice in Fairfield, Melbourne. Vicky has also been a sessional lecturer in the Art Therapy Program at La Trobe since 2001, teaching Art Therapy with Children, Case Management and supervising students on placements.

This will be an experiential workshop where you are asked to engage in art making to reflect on the work you do using the principles of reflective practice. Most fundamental to our work as therapists is our awareness of ourselves, our own patterns, triggers and automatic reactions. Reflective practice is an opportunity to look at the work we do with our clients and see it again, in more detail, without

the pressure of needing to attend to and respond to the client. It is a space to recognize how we are relating to our clients, their art and their process. In doing so, our own patterns become visible, offering themselves to a transformative process leading to our growth and capacity as a professional which in turn ensures we are truly responding with awareness to the needs of our clients.

ANZATA AGM and Lunch

Venue: Bishops Parlour

The AGM will be held in an extended form, allowing ample time for discussion and member contribution to ANZATA's future policies. A delicious simple lunch will be provided during the AGM. Members will have a chance to network and generate ideas for the progression of our profession. Members are encouraged to review the AGM beforehand and to check with colleagues who are not able to attend to make sure you can bring their proxy votes. The AGM is an opportunity for you to have your say!

The AGM includes a provided lunch. When you register online you will be



given the option to specify special dietary needs if required.



Session B: 'The Smart Flock'

Presenters: Amanda Levey, Patricia Fenner and Jan Allen

Venue: Auditorium

Amanda Levey

BA(Hons) Psych, MA AT, AThR

Amanda Levey gained her psychology degree from the University of Melbourne, and did extensive training in the US in the Halprin Method, an integration of movement/dance, visual arts, performance techniques and therapeutic practices. She gained her MA Arts Therapy at Whitecliffe College of Arts and Design investigating the use of video as an artistic and therapeutic medium. She is a registered psychologist and a movement-based expressive arts therapist, and has a private practice. Amanda is the current president of ANZATA, and the director of the MA AT (Clinical) programme at Whitecliffe College of Arts and Design. She has presented at conferences and symposia in Australia, New Zealand and Singapore.

Patricia Fenner

Dip. Vis. Arts, Dip Ed., MA (Berlin), MA (La Trobe), PhD, AThR.

Dr Patricia Fenner is a course co-ordinator and lecturer in the La Trobe University Master

of Art Therapy program where she has taught post graduate students for over a decade. As well as conducting a private practice in art therapy Patricia completed a PhD on the subject of the experience of place and the material environment in the art therapy encounter. Her other research activities include that of art-making and mental health recovery with adults and youth.

Jan Allen

BEd, MEd Creative Arts Therapy, Grad Dip Experiential and Creative Arts Therapy, PhD.

Jan is the academic director at MIECAT and helped establish MIECAT (previously Melbourne Institute for Experiential and Creative Arts Therapy) over 14 years ago. Jan teaches in the graduate program and supervises doctoral students at MIECAT, and as well has as collaborated in a number of publications related to arts based research, postcard dialogues, arts and intersubjectivity. In addition to her academic interests Jan is a photographer and is currently working on an 'iphonography' exhibition of 600 photo/artist trading cards.

When Amanda and Jan were invited by the organising committee of the Summit to develop a collaborative closing plenary, an email conversation ensued, sparking many exciting possibilities. Jan and Amanda will 'up-cycle' this session for the Symposium participants.

The conversation: a work of art with more than one creator.

Dear Amanda,

I was thinking back to the very early beginnings of this collaborative venture and the conversations that were had between a number of representatives of different art/s therapy organisations in Australia and New Zealand. The beginning was conversation and I thought maybe we might end the Summit with a multi-modal "conversation between representatives of these same organisations. What do you think? And in keeping with the

spirit of conversation perhaps our emailings could be the abstract for our work-play together at the Summit.

Oh and by the way I googled conversation (as one is want to do!) to see what gems might pop up on the web and I found this quote by John Armstrong

"One of the most precious aspects of conversation is that it does not presuppose agreement. It presupposes civility and sincerity" (2011).

Jan

Dear Jan,

Yes I have been thinking along the same lines. I have been researching work that is being done on behaviour of flocks, schools and colonies which suggests that groups of

individuals who respond to each other through a shared activity gain more collective power. However one of the authors points out that this does not mean that one has to blindly copy others but rather "...we add something of value to a team or organization mainly by bringing something authentic and original... something that springs from our unique experiences or skills" (Miller, 2010).

Amanda

Amanda Hi,

Thanks for the response. I am really drawn to the idea of flocks and wonder if we might explore through movement improvisation and art making, our shared experience of making and moving together – to create one large

sculptural piece of work. I wonder about the possibility of together creating an origami flock of birds- inspired by two artists, Clarissa Sligh and her work called Hope (2007) and the origami street art of Mademoiselle Mauric.

Jan

Hi Jan,

This sounds really exciting and I can already 'see' this happening. I have ideas of how we can work with movement improvisations to create a 'smart' flock and I love the idea of this becoming expressed in a group visual artefact. I also really respond to the origami birds being a traditional symbol of peace and hope.

Amanda

Session C: Special interest groups

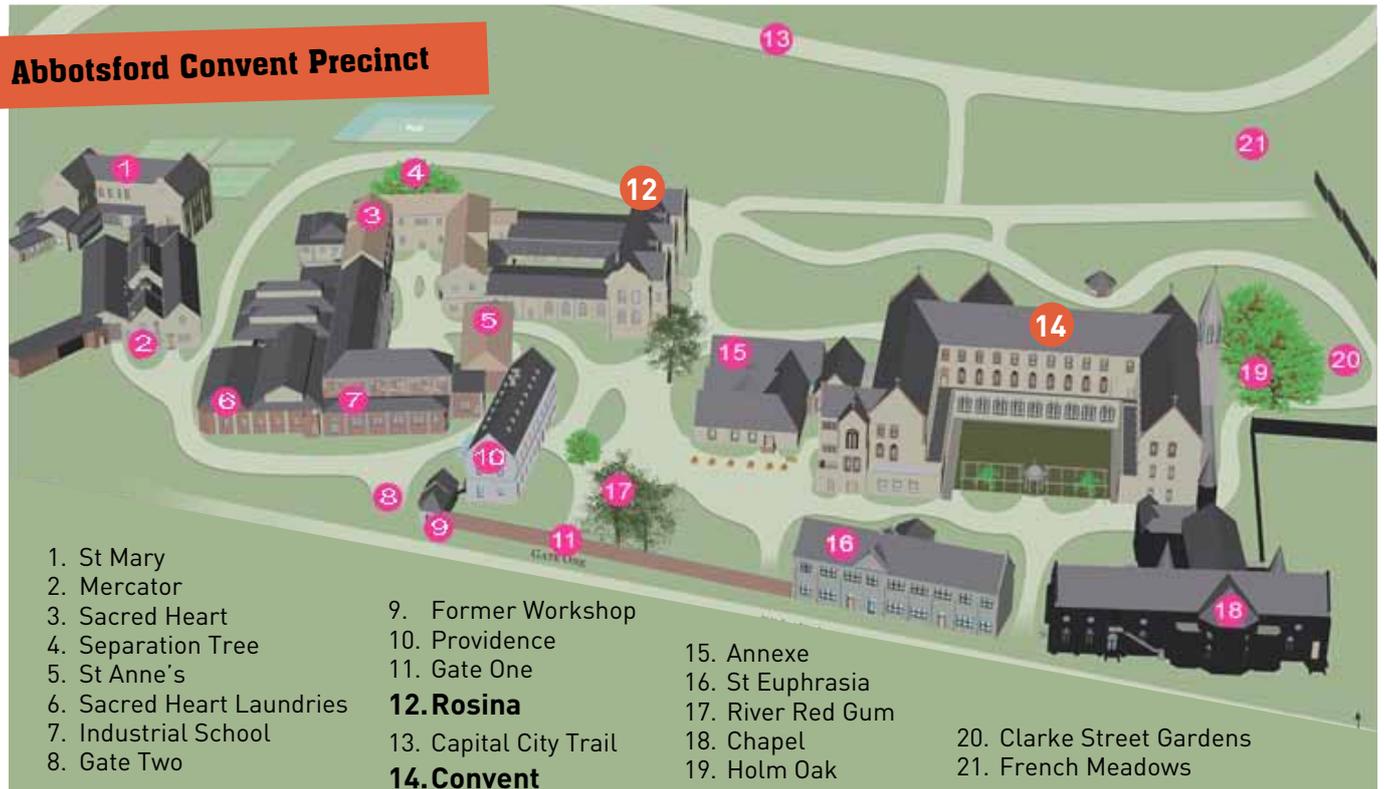
Venues: Bishops Parlour, Melbourne Art Therapy Studio; Rosina Dorm 1

Brainstorming and networking to carry the ideas from the summit and symposium through to action.

Often at conferences and symposia there is not enough time to really debate and discuss the passions that are dear to your heart. We are imagining that there will be some topics that are generated by the summit and the AGM that will need in depth discussion. We hope that these 'breakout' networking special interest groups will be able to stay in touch after the symposium and to keep the committee informed of ideas and initiatives.

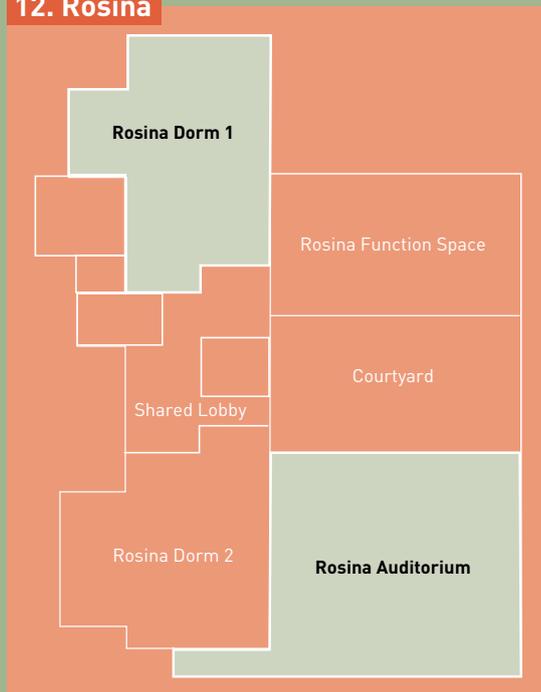
The Venue

Abbotsford Convent Precinct

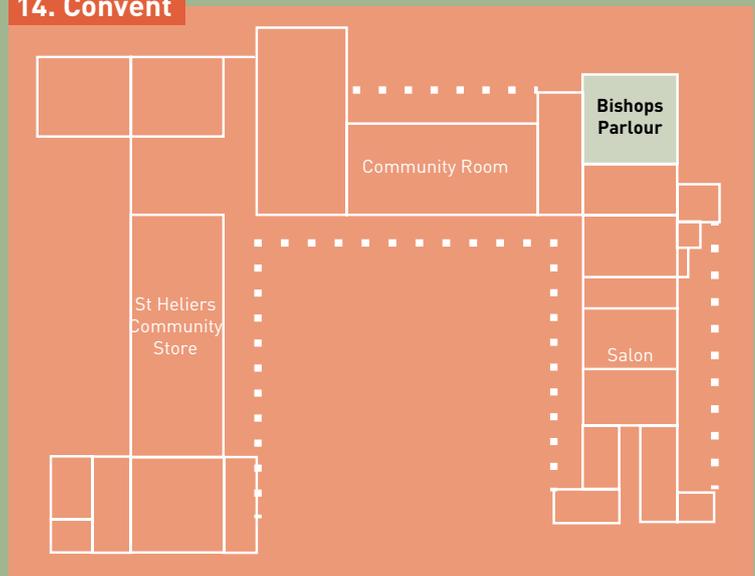


- | | | | |
|---------------------------|------------------------|-------------------|---------------------------|
| 1. St Mary | 9. Former Workshop | 15. Annexe | 20. Clarke Street Gardens |
| 2. Mercator | 10. Providence | 16. St Euphrasia | 21. French Meadows |
| 3. Sacred Heart | 11. Gate One | 17. River Red Gum | |
| 4. Separation Tree | 12. Rosina | 18. Chapel | |
| 5. St Anne's | 13. Capital City Trail | 19. Holm Oak | |
| 6. Sacred Heart Laundries | 14. Convent | | |
| 7. Industrial School | | | |
| 8. Gate Two | | | |

12. Rosina



14. Convent



Registration is outside Bishops Parlour. There you will be given directions and information about the venues for the Symposium.

The Abbotsford Convent website has lots of information about the venue. Please visit the Abbotsford Convent website to find out about getting to the venue by car, train, tram, bike and bus. There is also info about parking and wheelchair access and facilities.



The Abbotsford Convent – 1 St Heliers Street, Abbotsford. www.abbotsfordconvent.com.au